



## IN THE FREEZER

May 2016

**Soup:** A variety of soup, both vegetarian and with meat

**Spring rolls (uncooked):** Chicken & Vegetables; Beef & Vegetables; Vegetarian

**Ready Meals:** (Some available in the freezer, but all available on order)

- Beef Lasagne (27)
- Bean stew (8)
- Bobotie (27)
- Broccoli & Chicken (27)
- Cheese-a-roni (19)
- Chicken a la king (19)
- Chicken Biryani (29)
- Chicken Bobotie (19)
- Chicken Curry (27)
- Chicken Lasagne (27)
- Chicken Pie (8)
- Chili con Carne (27)
- Cottage Pie (27)
- Curry & Rice (19)
- Spaghetti Bolognese (27)
- Spaghetti & Meat balls (27)
- Spinach, Cheese & Chicken (27)
- Thai Chicken Curry (29)
- Vegetarian Lasagne (27)
- Mixed vegetable curry (32)

**Desserts:**

- Apple pudding (23)
- "Amarula" Malva pudding (19)
- Chocolate pudding (19)
- "Death by Chocolate" (69)
- Malva pudding (23)
- Traditional Cape Brandy pudding (Topsy Tart)(19)

**Meals as well as desserts can be ordered in larger quantities,  
and can also be made in your own dishes**